



PONDICHERRY INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF OPHTHALMOLOGY
PG Teaching Schedule for January 2026
SHORT TOPIC

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sun day
			1 New Year	2 Factors maintaining lens transparency Dr. Arifa	3	4
5 OVD Dr. Priyanka	6	7 Ocular biometry Dr. Vaishaali	8 PCO Dr. Shivani	9 Lensometer Dr. Arifa	10	11
12 IOL Power calculation Dr. Bhashitha	13	14 OT Sterlization Dr. Shivani	15 Pongal	16 Thiruvalluvar Day	17	18
19 Cataract surgery in small pupil Dr. Vaishaali	20	21 Management of Astigmatism in Cataract surgery Dr. Bhashitha	22 Secondary IOLs Dr. Vaishaali	23 FLACS Dr. Arifa	24	25
26 Republic Day	27	28 CTR Dr. Bhashitha	29 Capsular Block syndrome Dr. Priyanka	30 IA	31	

Dr. Hannah Ranjee Williams, Prof & HOD

PONDICHERY INSTITUTE OF MEDICAL SCIENCES
(A Unit of The Madras Medical Mission)
Department of Ophthalmology
POST GRADUATE TRAINING PROGRAMME – January 2026

Place: Seminar Room, Dept. of Ophthalmology

A. Journal Club

Date	Day	Topic	Presenter	Moderator
03.01.2026	Saturday	Randomised Control Trial	Dr. Shivani	Dr. Sumithra
17.01.2026	Saturday	Cross Sectinal Study	Dr. Arifa	Dr. Amod
17.01.2026	Saturday	Prospective Study	Dr. Vaishaali	Dr. Hannah
31.01.2026	Saturday	Randomised Control Trial	Dr. Priyanka	Dr. Jefila

B. Tutorial

Date	Day	Topic	Faculty
10.01.2026	Saturday	Macular Function Tests	Dr. Vinitha
24.01.2026	Saturday	Anti Glaucoma medications	Dr. Harish

C. Seminar

Date	Day	Topic	Presenter	Moderator
02.01.2026	Friday	Embryology and Anatomy of Lens	Dr. Vaishaali	Dr. Vinitha
07.01.2026	Wednesday	Ectopia lentis	Dr. Arifa	Dr. Harish
09.01.2026	Friday	Congenital cataract	Dr. Arifa	Dr. Jefila
14.01.2026	Wednesday	PCR	Dr. Priyanka	Dr. Sumithra
21.01.2026	Wednesday	Premium IOLs	Dr. Shivani	Dr. Soundaria
23.01.2026	Friday	Phacodynamics	Dr. Bhashitha	Dr. Pratik
28.01.2026	Wednesday	VAST – SICS & Phacoemulsification	Dr. Vaishaali	Dr. Renuga

D. Theory class

Date	Day	Topic	Faculty
06.01.26	Tuesday	Corneal blindness: Causes, Keratoplasty: Indications, Types, Eye Banking: Importance, Protocols involved in eye donation and eye banking	Dr. Renuga
13.01.26	Tuesday	• Complications of Corneal Ulcer (including Staphyloma) Causes, clinical features, Investigations and Management of: • Ectatic conditions of cornea - Kerataconus, Tutorial on Cornea	Dr. Sumithra
20.01.26	Tuesday	Definition, Etiology, Associated systemic conditions, Clinical features, Complications, Indications for referral and management of, Episcleritis, Scleritis	Dr. Vinitha
27.01.26	Tuesday	• Physiology of the vision o Rhodopsin Cycle, Visual Perceptions, o Theory of colour vision - Magnocellular, Parvocellular, Koniocellular Pathways	Dr. Amod

E. Clinical Presentation

Date	Day	Topic	Presenter	Moderator
05.01.26	Monday	Glaucoma	Dr. Bhashitha	Dr. Hannah
08.01.26	Thurs	Retina	Dr. Vaishaali	Dr. Pratik
12.01.26	Monday	Cornea	Dr. Priyanka	Dr. Amod
19.01.26	Thurs	Neuro Ophthal	Dr. Shivani	Dr. Renuga
22.01.26	Monday	Refraction	Dr. Arifa	Dr. Soundaria
29.01.26	Thurs	DOPS		

[Prepared by PG Training Coordinator: Dr. Jefila]

Group Discussion - 8.30am – 9.00am daily (ward)

Date: 24.12.2025

**Dr. Hannah Ranjee Williams
Prof & Head**